

Peak to Peak Middle School

Physical Education Requirements and Exemptions

Middle School P.E. Requirement

Middle school students are required to take at least one semester of Physical Education (P.E.) each year during grades 6, 7, and 8. A student may elect to take more P.E. courses than the one semester per year requirement. Middle school P.E. courses are graded on a Pass/No Pass basis.

Middle School Physical Education Exemption

It is Peak to Peak's belief that physical education is an important and integral part of a student's educational experience and supports the development of the whole child. However, at times a student may need an exemption from P.E. to have more time to devote to academic requirements, to allow participation in approved outside activities, or due to medical or physical circumstances. As the situation warrants, a middle school student may petition the Academic Affairs Committee for a P.E. exemption. Each request for an exemption is considered on an individual basis, taking into account the student's outside physical activity commitment, academic course load, travel, time away from school, and extenuating physical or medical conditions.

A middle school student who wishes to receive an exemption from a P.E. course or the P.E. requirement must complete and submit a P.E. exemption form to petition the Academic Affairs Committee for consideration of the request. *A new P.E. exemption request form must be submitted for each semester in which the exemption will apply.* Requests for P.E. exemptions must be submitted at least two weeks before the registration deadline for the applicable semester. Exemption requests submitted after the deadline may not be considered.

- In the case of participation in an extracurricular activity or outside athletic activity, the P.E. exemption request form must be completed by the student and parent, and approved by the Principal, the Academic Affairs Committee, or a designee. The exemption request form must include a clear statement of the reason(s) for the request. A Peak to Peak Credit for Outside Activity Form must be submitted by the student *each time credit is requested* and approved by the Principal, the Academic Affairs Committee, or a designee. No more than 5 credits of P.E. credit may be earned in this manner in any given school year.
- In the case of an exemption due to a physical and/or medical condition, the P.E. exemption request form must be accompanied by a statement from the student's physician giving the reason for the student's inability to participate in the P.E. course or activity.

Peak to Peak Charter School

Middle School Physical Education Exemption Request

(Request must be submitted 2 weeks prior to registration deadline for applicable semester.)

Student name: _____ Date: _____

Current grade: _____ School year: _____

P.E. exemption requested for: _____ 1st Semester _____ 2nd Semester

Please consider this petition to the Peak to Peak Academic Affairs Committee for a P.E. exemption for the following reason(s). If the exemption is requested due to physical or medical considerations, a physician's statement is attached.

(Please use reverse side if more space is needed)

Coach/Instructor's Name: _____ Coach/Instructor's Phone #: _____
_____ attached Peak to Peak P.E. Credit for Outside Activity form

Student signature
Parent E-mail: _____

Parent signature
Parent Phone: _____

FOR PEAK TO PEAK USE ONLY:

Key points of conference:

Academic Affairs Committee Decision:

Approved: _____ Denied: _____ Date: _____

Reason(s) for denial of petition:

Peak to Peak Athletic Director: _____
(Signature)

Peak to Peak Principal: _____
(Signature)