



**Wellness Advisory Council September Meeting Agenda & Notes**  
**Tuesday, September 18, 2018**  
**3:30-4:30**  
**College Counseling Center**  
**\*Meetings are open to everyone!**

**3:30-4:00** Review and update current wellness initiatives

**4:00-4:20** Discuss priorities for 18-19

**4:20-4:30** Brainstorm goals

- Quick introductions. Name, role, why are you interested in WAC (Erin)
  - Attendees: Erin Manzanares (K-5 PE), Christie French (1st Grade), Paula Greenspan (Kitchen Manager), Renay Ulibarri (Lead Custodian), Elizabeth Begley (Food Services Program Manager), Cristina Munteanu (parent, food scientist), Kelly Reeser (EDE), Vicki Lundquist (Registrar), Sam Todd (EDO), Alison Berman (5th grade teacher), Lisa Amerine (parent, naturopathic doctor), Jen Voigt (parent, wellness advocate), Jake Gustafson (6th grade student), Monika Bunting (7th grade English teacher)
- Pass out current wellness initiatives. Explain that 17-18 feedback and input was used to create current initiatives. Ask attendees to review and update. Update main document (Christie)
  - Christie provided handouts that describe pillars
  - **Action Items:** Kelly: check on vent cleaning; add to ELT agenda (what's been done and what's planned for the future). Consider air testing prior to cleaning; Christie will report back from district meeting about vendors.
  - Mo: recycling survey report from students and staff. Students (200 respondents) report that they need more encouragement/reminders for compliance, need more liquid buckets for milk and other drinks. Teachers (60 respondents) report that

they are reminding students but students say they are not reminded enough (discussion about this discrepancy). Mo has contacted Liz Tarbutton (NHS sponsor) and Sheena (NJHS sponsor) to enlist help from students. Anita offered to ask MS Stuco students, too.

- Oct 3rd - World Farm Animals Day (suggestion to go meatless in the cafeteria on that day). **Action Item:** Paula and Elizabeth will look at the menu that is already planned to see if it can be adjusted.
- Ideas:
  - MS includes messages about recycling in daily announcements; need to add to HS announcements.
  - Improved signage is coming, courtesy of Monika.
  - Paula will add additional liquid buckets in cafeteria.
  - Use blackboards near cashiers for fun facts.
  - No more plastic water bottles for sale in cafeteria. This was a suggestion from last year that was implemented.
  - Sam suggested that Mo connect with Glenn Mosher about including environmental speaker in speaker series he is planning.
  - Student help with recycling in the cafeteria: Elementary uses “Cafeteria Rangers” program: students are scheduled to a specific role and area during each lunch period. Excellent resources are available on website (e.g how to take a waste inventory). Educate students who are new to P2P on protocols during transition day(s). Enlist more student aides to help during lunch time during cafeteria.
- We will return to this topic in the future
- Reminder: Wellness initiatives happen outside of meeting time. This is an umbrella group, so keep that in mind when brainstorming goals and meeting format (Erin).

[Click here for 18-19 WAC Priorities](#)