



Minutes of the Peak to Peak Wellness Advisory Council meeting
Tuesday, March 7 2017 @ 3:30 p.m. | Think Tank Conference Room

In attendance: Kelly Reeser, Sam Todd, Cheryl Sack, Elizabeth Begley, Erin Manzanares, Jeri Chandler, Christie French, Rachel Hirt, Robyn Steuer and Hillary Miller

Grants:

Robyn Steuer to collaborate with Erin Manzanares and Monika Bunting on exploring Presidential Fitness Center Grant. Robyn will also explore grant opportunities from the American Academy of Dermatology Sunshade Grant, Greater Outdoors Colorado (GOCO), the Daniels Fund and Play and Park.

Run for the Peak:

Rachel Hirt is collaborating with multiple groups. Discussed possibly including FUTP60 student groups in planning for Run for the Peak. Potential opportunity to participate in March 23rd character assembly for elementary school. Plan for WAC to collaborate as plans for event take shape.

Garden updates:

Plan to fill boxes with dirt and compost 3/11/2017. Email sent to athletic families by Mr. Chandler requesting volunteers and offering service hours. Elementary students will start planting on Tuesday March 14.

Fuel Up to Play 60:

Peak to Peak awarded hero status for efforts with FUTP60 teams this year.

Elementary meeting dates set for remainder of school year. Topics include: planting seeds in garden, teaching yoga and meditation to feel "awake" and yet quiet in minds. May tentatively bring a music guest celebrating a pertinent environmental topic.

Middle school meeting dates set for remainder of school year. Students identified areas they would like to see improvement including (1) better equipment to play outside (2) more time that is consolidated to play outside (3) incorporating more active time during their school day.

Seeking student input to determine needs for request during grant funding application. Up to \$4,000 available on annual basis from FUTP 60 foundation.

Possible presentation to Middle School staff on importance of movement and the use of alternative seating in the classroom.

Alternative Seating:

Kim Struck piloting middle school classroom with stand-up desks and 'cozy' corner. Encouraged teachers to collaborate with Ms. Struck on sources for furniture.

Science classrooms ordering new furniture with focus on creating flexible classroom spaces. Middle School hoping to pilot a collaborative classroom using alternative seating ideas for next school year.

BOKS (building our kids success):

Before school program started in elementary school on 3/7/2017. Meets twice a week for physical activity before school.

Elementary classes incorporating Morning Energizer school wide during daily morning announcements.

Addendum: Sam Todd provided an unsolicited update regarding the Food Services Comparison Group. In follow up emails, Cheryl Sack wrote the following be added to the minutes per Kelly Reeser:

"Cheryl Sack, Sam Todd and Elizabeth Begley reported to the WAC on Tuesday, March 7th that the Food Service Comparison Committee met with Ann Cooper on Friday, March 3rd. Ann Cooper was very accommodating in answering all of our questions. She will be visiting P2P for a walk through.

The FSCC was able to tour her production kitchen at Casey middle School. We will be touring at least 3 schools representing each age group, ie. ES, MS, HS.

The committee is gathering information to report out to parents which will include a survey in the first week of April. "