



Wellness Advisory Council Meeting Agenda & Notes

Tuesday, September 17, 2019

3:30-4:30

South Conference Room

***Meetings are open to everyone!**

Attendees: Christie French, Erin Manzanares, Kelly Reeser, Annie Sasseville, Sam Todd, Paula Greenspan, Monika Bunting, Lisa Amerine

- Previous Action Items, Updates and Ideas:
 - Elementary shout-outs now include Wellness options - Yay, elementary! Recognitions help students to see how much they are doing.
 - [Pumas for the Planet](#) - thanks, Mo!
 - Two nominations to look over today
 - [T-shirts](#)
 - School zones - thanks Lora Lynn!
 - Cafeteria composting starts in January! Would someone like to create a volunteer sign-up for helpers in the cafeteria for the first month?
 - Christie will re-make signs to fit with new guidelines and is working on information videos for students to view in January.
 - John has already ordered the bins
 - Mo will create a Google document for sign-ups
 - Christie will create training materials for volunteers
 - Liz Tarbutton and Kim Struck attended NEED conference
 - Variety of learning opportunities; hands-on labs; total physical response modeling; group work; lots of learning strategies that were effective, especially for block periods
 - Energy (Nuclear and Petroleum, sponsored by Conoco Phillips) - Galveston, TX, energy kits allowed participants to explore temperature fluctuations with Air Conditioning; insulating blankets. Kim and Liz each received \$200 to spend at the energy store. They purchased one kit for \$400. Develop “energy squads” like the science fair -- competitions -- winners go to conferences. Ideas for saving money. Kim Struck has the kit they purchased. Girls and STEM education focus. Other squads have done amazing projects in other areas of the country. Free lessons are online. Website: need.org/
 - World Day for Farmed Animals - October 2nd

- Similar to last year; posters, a vegetarian option will be available in the cafeteria (as usual). Q/A cards will be available with fun facts about humans and non-humans
- Mary Kathryn Wood's 9th graders are doing a sustainability challenge for Human Geography. We have the top finalists in the visual format category and will vote on a winner. The winner's PSA will be printed and displayed around school. We've extended an invitation for them to provide us with a presentation if they want to. Assignment guidelines [here](#). This project was graded as an assignment (not an assessment). We will choose a 1st, 2nd, and 3rd place.
 - If other students are doing projects, please let them know about these meetings and invite them to present.

Idea: add sustainability to the title of the group: Sustainability and Wellness Advisory Council (SWAC)